

Five Ways Ring Shui™ Can Help the Laws of Attraction Work for YOU!

It is truly amazing how we can conduct our lives and never really notice that some seemingly insignificant habit or behavior we have has such a significant influence on the course of what happens "to us". I found that to be so true for me with Ring Shui™.

Here is a thumb-nail sketch of five ways Ring Shui™ can help the laws of attraction work for you. These points will cover some of the pivotal aspects of the Ring Shui™ approach. As with Feng Shui, in that the moving of the Chi or flow of energy greatly influences how you experience life, so it is with the placement and movement of rings on your hands. *The **intention** you have as you place and move your rings will affect how the energy flows.*

1. The right hand is about releasing and putting out energy to the world and the universe. The rings you put on your right hand will have to do with *effort and doing* on your part. Place a ring that lights you up on your right index finger to help shed and release any old hurts, relationships or wounds that still bother you underneath. The clearing of these will help provide a clean "slate" or foundation for what you want to attract. Leave the ring on your right index finger for an average of one to three weeks and see what happens.

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2. After having worn a ring on your right index finger for releasing and healing, you are now ready to go on to the next step. Take the ring off and experience what it is like to no longer have the burden of still needing to release that particular old wound or hurt.

Next, place the same ring you just used (or another one you like) on your right index finger that inspires you to put out to the world and universe the efforts for what you want to “intentionally reap the rewards”. This could be about putting an idea out there about a new business, a creative venture, a new love, or anything else that is authentically yours to do or put out into the world. Again, leave it on your right index finger for approximately one to three weeks and see what happens.

3. Now we come to the left hand. The left hand is the hand of *receiving* or being. Place a ring on your index finger that reflects the intention of having joy in your soul, and represents bringing in and “experiencing ongoing” love, abundance, celebration, or happiness. When you are ready to *be in the experience* of being and having that which is yours to be and to have, it will happen.

I call the left index finger, “**The Queen Bee**” finger. It is aptly named as you know you are in “Queen Bee Mode” when you “need do nothing”. You just “know” all your needs are “being met” because you just sit and are inwardly assured “all is here and/or on the way.”

4. Ring Shui™ places great importance on the “willingness factor”, which is your willingness to let go of that which doesn’t work in your favor and receive what does. Without judgment or criticism about yourself or anything else, lovingly notice in a detached way, how difficult or easy it is for you to place or move your rings as this process requests.

5. Quite often, we become attached to our inner beliefs and habits in what we think we need in order to “survive”. The left middle finger is a finger of independence. It can actually keep us stuck in “surviving” on our own without being open to the possibility of merging in an “interdependent” way so we can more fully “thrive” and feel the well being that comes from partnership.

This all leads to saying that if you or someone you care about (and, **yes**, this one applies to guys, also), is **habitually** wearing a ring on their left middle finger, (even if the reason is that this finger is the *only place* this particular ring fits), there is a tendency around needing to be in control and have the last word.

If you find you often wear a ring on your left middle finger, consider having the willingness to move your ring from your left middle finger to your left index finger, or just take it off altogether for now. Try this for one to three weeks, and see what happens. The world might just get a little warmer in places that are usually “chilly”; people might surprise you in pleasant ways.

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Good luck in your participation with the some of the steps of the Ring Shui™ approach to jewelry placement, and see what comes your way. Please let me know how the process works for you! If you want more in-depth information you can purchase the book on www.ringshui.com.